

Dr. Katie Eastman
Transforming loss into
CHANGE and GROWTH

Life Coaching

Executive Coaching

Training

Consulting

Speaking

Executive Coaching with Dr. Katie Eastman

Take Your Leadership to the Next Level



DR. KATIE EASTMAN

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Dr. Katie Eastman

Executive Coach

Greetings! I am Dr. Katie, an executive compassionate change coach dedicated to guiding individuals and organizations through transformative journeys. My coaching philosophy centers around empathy, understanding, and a genuine commitment to supporting you in navigating the complexities of change.

As a compassionate change coach, I believe each individual and organization has untapped potential for growth. My approach goes beyond conventional coaching methods; it's a collaborative and empathetic partnership where your unique experiences and challenges are honored.



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Unlock New Opportunities with Executive Coaching

Unleashing the Potential

As an experienced licensed psychotherapist with over thirty-five years of experience, I am committed to unlocking your full personal and professional potential by helping you manage change and foster growth.

Transformation Support

I specialize in executive COMPASSIONATE CHANGE coaching, where I blend strategic guidance with a results-driven approach to guide leaders through transformative periods. With a proven record of navigating organizational shifts, I'm here to be your catalyst for positive change.

Leadership Development

I guide executives to elevate their leadership skills and navigate career milestones, I bring a dynamic blend of strategic insight and personalized coaching. Together we will collaborate to amplify your strengths, overcome challenges, and propel your career to new heights.

Together we will inspire your team and achieve impactful, sustainable results. You will lift your leadership to a new level guided by compassion.



Key Focus Areas

Emotional Well-being

I prioritize your emotional well-being throughout the change process, fostering a healthy and resilient mindset.

Effective Communication

I guide you in developing effective communication strategies to navigate change with clarity and understanding.

Empowerment

My coaching is geared towards empowering you to embrace change confidently, recognizing it as a catalyst for personal and professional advancement.

Choosing compassionate change coaching means embarking on a transformative journey with a coach who not only understands the dynamics of change but genuinely cares about your well-being. Together, we'll turn challenges into opportunities, fostering a positive and sustainable path forward.



Coaching plans and packages

If you're ready to embark on a journey of self-discovery, resilience, and positive change, I am here to support you every step of the way. Let's navigate change with compassion and purpose

I offer several coaching packages at different costs that I will send to you after our first session.



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2024 Dr. Katie Eastman

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