

Dr. Katie Eastman
Transforming loss into
CHANGE and GROWTH

Life Coaching

Executive Coaching

Training

Consulting

Speaking

Speaking

Elevate Your Life with Dr. Katie Eastman: Transformative
Public Speaking and Motivational Talks



DR. KATIE EASTMAN
Transforming loss into
CHANGE and GROWTH



Dr. Katie Eastman

Executive Coach

Greetings! I am Dr. Katie, an executive compassionate change coach dedicated to guiding individuals and organizations through transformative journeys. My coaching philosophy centers around empathy, understanding, and a genuine commitment to supporting you in navigating the complexities of change.

As a compassionate change coach, I believe each individual and organization has untapped potential for growth. My approach goes beyond conventional coaching methods; it's a collaborative and empathetic partnership where your unique experiences and challenges are honored.



DR. KATIE EASTMAN
Transforming loss into
CHANGE and GROWTH

Elevate your event experience and empower your audience to embrace loss and change with a sense of purpose, resilience, and an uplifting spirit.

Strategic Discourse for Impactful Change

I deliver presentations that resonate in business forums. I transform business breakfasts and conferences into brainstorming platforms for strategic ideas where executives learn how to overcome losses and drive growth.

I use my example to inspire the audience and to explain how change can be a catalyst for sustainability and success.

Customized Offerings for Every Audience

I create speeches that fit the context of each event, taking into account the audience diversity. I provide strategic vision and motivate the audience.

I provide participants with practical tools to adapt and promote a culture of adaptability and compassion that leads to tangible results.

Empowering Change, Uplifting Spirits

Audiences leave not only inspired but armed with a renewed sense of purpose and actionable strategies for coping with loss and managing change.

Speeches foster a workplace culture in which growth is embraced and challenges are turned into opportunities for transformation.

Invest in transformative public speaking and motivational talks with Dr. Katie Eastman and witness the power of words to ignite change, uplift spirits, and inspire lasting growth.



The formats may include

Business breakfast for industry leaders and employees

An intensive but informal discussion of current issues, ideal for networking and exchanging ideas among professionals.

Presentations at business conferences

These speeches provide valuable insights and fresh perspectives to a broader audience, focusing on key industry topics and trends.

Exclusive C-suite brunches

Events for senior executives with a focus on strategic planning and leadership vision in an informal setting.

Immersive workshops

Interactive sessions provide participants with a deep dive into specific topics, with the opportunity to apply the knowledge in a hands-on setting.

Topics may be adjusted to the needs of the audience and industry



- Grief and Loss for all ages
- Trauma, mental health and wellness
- of the employees
- Compassionate Care TM
- Compassionate Communication TM
- How to create Compassionate Culture TM
- Loss, change, and Growth TM

- Rising to the Challenge of Change TM
- Women at work/women in business/women empowerment
- Productivity and effectiveness
- Psychology and Spirituality in the Workplace
- Empowerment and unlocking the potential of your people
- Children and adolescence: psychology and mental health

***Send a message NOW to outline your needs
and book a call to discuss the details***



DR. KATIE EASTMAN
Transforming loss into
CHANGE and GROWTH

2024 Dr. Katie Eastman

drkatie@drkatieeastman.com

[LinkedIn](#)